



Reduction of patient stress in case of elective surgery

Five leading European hospitals challenge the European industry to design and develop a resilient support tool to be applied in the field of patients planned for surgery, with the aim of reducing stress during the entire care path.



Education

Providing personalised information in all steps of the patient journey for their surgical intervention



Information

Providing timely information about what is expected from the patients and caregivers at each phase



Self-assessment

Transmitting perceived stress and pain to the clinical team, so that they may intervene



Communication

Enabling direct communication between patients and health care professionals during the care path



Enabling autonomy

Creating a friendly and personalised environment in the hospital

WWW.STARS-PCP.EU



The Horizon 2020 funded project named STARS “Empowering Patients by Professional Stress Avoidance and Recovery Services” started in January 2017 and will end in October 2021.

STARS openly challenges the industry and research sectors to tender in order to develop novel personalised solutions aimed to reduce stress related to healthcare procedures. Reduction of the stress, experienced by patients, will lower the harmful side-effects of sedating drugs, shorten hospital stay, shorten recovery time and relieve carers and clinical staff from continuous assistance.



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Our partners

