



## Reduction of patient stress in case of elective surgery

A consortium of five leading European hospitals from Netherlands, Italy and Spain uses the European Commission's pre-commercial procurement (PCP) contractual scheme to challenge and stimulate European industry.

The goal of the Horizon 2020 funded project named STARS "Empowering Patients by Professional Stress Avoidance and Recovery Services" was to design, to develop and to test a resilient support tool. It should be applied for patients, planned for surgery, with the aim of reducing stress and anxiety as well as improving the health condition of the patient during the complete care path. This implies also the reduction of stress of the caregivers, the medical staff as well as for the families of the patients.

Reduction of the stress, experienced by patients, will lower the harmful side effects of sedating drugs, shorten hospital stay, shorten recovery time and relieve carers and related persons from continuous assistance.

STARS project started in 2017 and will end in June 2022 with two solutions developed:

1. CARINAE <https://stars-pcp.eu/pcp-phases/phase-iii/phase-iii-project-abstract-salumedia> (consortium led by Salumedia, now named adherahealth)
2. SAM STRESS <https://stars-pcp.eu/pcp-phases/phase-iii/phase-iii-project-abstract-grupo-pulso> (Grupo Pulso, now named Evidenze Digital Health)

WWW.STARS-PCP.EU



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At the online Final Conference, the 22 June 2022, the STARS project partners and adherahealth and Evidenze will present both solutions CARINAE and SAM STRESS, the results of the clinical testing phase including user experience, testimonials, and buyers' group insights as well as the project itself and the lessons learnt from the PCP process!

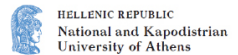
Please register here <https://stars-pcp.eu/pcp-phases/stars-final-conference> and learn about the stress reduction solutions!



## Contact Us

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## Our partners



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